



Coastal Current Adventures

Five day Day CAMP Ages 8-12
Pack List - please label all gear with name

Remember camp starts at 9:00 and finishes at 4:00 at the Lakefront, 118 Natalie Lane. Please contact Coastal Current Adventures at 537-2571 if for some reason your child is sick and not able to attend camp on a given day. If your child has a cough or any fever please keep them home that day.

Please do NOT bring electronic devices (iPods or iPhones, handheld gaming devices, etc.) to camp. We do not recommend personal cameras either as they are easily lost, damaged by the salt water - we do have a camp camera and will be snapping photos of the campers throughout the week!

EVERY day pack list

- Sunhat, sunglasses, and sunscreen
- Mask(s) for wearing in the Van during transportation and if getting closer than 2 meters.
- 2 Full water bottles of 1 litre in size
- Swimsuit and towel
- Sweater or fleece
- Raingear tops and bottoms
- Daypack

- Running shoes AND water shoes (please no flip flops) water shoes should fit tightly so they stay on in the ocean.
- A healthy, lunch and several snacks for throughout the day.
- Please bring a full change of clothing everyday incase your clothes get wet, including socks, underwear, shirt, fleece and pants. They can be kept in a dry bag or stuff sack lined with a garbage bag. This spare clothing bag should include:
 - One pair of pants (light weight/synthetic is best)
 - One pair of shorts (non cotton if possible)
 - One warm wool sweater or fleece pull over
 - One toque and ball cap extra incase one is lost.
 - Underwear

DON'T FORGET a healthy, substantial lunch daily and several snacks for throughout the day including some fruit.

Note: In 2021 there will be no overnight session in the Day Camp; Overnight sessions start for campers age 12-18 yrs.

Pick up at the Lake is at 4:00 each day and camp always starts at 9:00. Each day we head out of a new location and move campers in our two vehicles. They will need a mask for travelling in the vehicles. This is mandatory and if for some reason students do not have one, they will be given one.

If you have any questions please call us at (250) 537-2571 or 537 7727.